

Inclusion and Nurture Department Overview

All supports offered from Nurture and Inclusion support to be referred via IST/EST. Referral form should be completed indicating specific support required. Review date agreed and next steps discussed.

Nurture Support

Support	Target Groups	Staff	Review Time Frame
Nurture Groups (NOLA Award will be completed by all pupils taking part in nurture programme) Potential for DYA!	S1-4	VW, CLS	Termly.
Mindfulness Junior Sessions (managing anxiety)	S1-3	VW, CLS	One session per term. 4 weekly blocks of 1 period per week.
Mindfulness Senior Session (managing anxiety and coping with exam stress)	S4-6	VW, CLS	One session per term. 4 weekly block during PSE period.
Art Therapy	S1-3	LM, CLS, VW	One period per week for 6 weeks.
Seasons for Growth	S1-4	CLS, CC	Termly. One period per week for 9 weeks.

We are Aiming to have all pupils achieve a Dynamic Youth Award through participation in the Nurture Programme.

** I am looking for staff volunteers to re-start the homework club. More information to follow about this.

Inclusion Support

Support	Target Groups	Staff	Time Frame
Home Visits - to engage parents.	S1-4	KM, VW	When required.
In-Class Support	S1-4	KM, EM, CLS	Short term, intensive support to settle pupils.

Courses	Target Groups	Staff	Time Frame
John Muir Award	S1-2	KM, EM	2 periods per week. 2 groups running
Bike Ability level 2+3	S1-4	KM, EM, JS	Termly, 1-2 periods per week.
Employability Award Level 4	S3-4	VM, EM, VW	2 periods per weeks. Until completion/ April 2022
Personal Development Award. Level 4	S3-4	VW, GS	2 periods per week. Until completion/April 2022.
Dynamic Youth Award (levels 3-5)	S1-3	KM, VW, GS, EM	Termly. 1 period a week.
Barista Award level 5	S1-4	VW, GS, KM, EM	1-2 periods per weeks until completion.

Modules	Target Groups	Staff	Time frame
Anger Management	S1-4	KM, VW, EM, CLS	6 weekly, usually 1-2 periods per week. **
Safer Choices	S1-4	KM, VW, EM	6 weekly, usually one period per week. **
Positive Behaviour	S1-4	KM, VW, CLS, EM	6 weekly, usually one period per week. **
Sex and Gender issues	S1-4	KM, ROSEY PROJECT	6 weeks – 2 periods per week.

Modules can run as 1-2-1 sessions or small group settings.

**Check – ins will follow bi-weekly, weekly then fortnightly.