



Home Economics Department



N4/5 Health and Food Technology Course

What will I be learning?

In S4, you will attend Health and Food Technology four periods a week (6 period if you are studying N5 in S5 or S6) and will study the following topic areas:

- Food for Health
- Food Product Development
- Contemporary Food Issues

At N4 you will also learn about food for health, food product development and contemporary food issues.

How will I be assessed?

You will receive a closed-book written test at the end of each topic or unit to track your progress.

You will sit a prelim in December as part of the whole school prelim diet and then a second prelim in February/March. The prelim covers the full course. Similar to the exam, questions 1 & 2 are mandatory, then you must attempt 3 out of the four remaining questions.

An open-book course assignment is completed from October-March, where you will be given a brief and will conduct two investigations to create a food product that meets the brief. This is worth 50% of your overall grade and is marked externally by the SQA.

N4 pupils will sit the closed-book unit assessments. They will also use the knowledge from the course to complete the combined unit assessment and then the added value unit.

What does homework look like?

You will receive a piece of homework every week. It is important you keep up with the homework as best as you can as regular revision improves overall attainment.

You will be added to a Microsoft teams page, and homework will be uploaded there for you to complete in your homework jotter. The homework will often be exam style questions.

All notes and resources for the course will also be available on the Teams page.

Ensure you see your class teacher if you need help accessing Teams or need support completing any of the questions.