



S2 WEEK BY WEEK PSE PROGRAMME 2024 to 2025

Theme	Topic	Lesson	Resources	Es and Os
Mental, Emotional and Social Wellbeing	Citizenship	Welcome to S2 PSE	Class jotters Powerpoint in S2 PSE Folder on Server	HWB 3-10a
Relationships & Sexual Health	Romantic and Loving Relationships	Love	https://rshp.scot/third-fourth-level Click on powerpoint Benchmarks: <ul style="list-style-type: none"> • Justifies why commitment, trust and respect are central to being cared for and caring for others. • Explains the importance of shared values and goals in sustaining a loving and sexual relationships, for example, mutual respect, agreement on sex. • Demonstrates the skills needed to manage challenging situations within relationships, including sexual relationships, for example, compromise, empathy, decisiveness. 	HWB 4-44a HWB 4-44c HWB 4-46a HWB 4-46c
Relationships & Sexual Health	Consent	The age of consent	https://rshp.scot/third-fourth-level Click on powerpoint <ul style="list-style-type: none"> • Explains the impact an imbalance of power can have on relationships, including sexual relationships, for example, consent, coercion, responsibility for actions and decisions. • Gives examples of laws in relation to sexual health, for example, age of consent, right to confidentiality, consent, coercion, grooming. • Identifies how to take action in a situation involving abusive or inappropriate sexual behaviour, for example, ending unhealthy relationships, local support, police. 	HWB 3-45a HWB 3-45b HWB3-49b
Relationships & Sexual Health	Social Media	Fake new/Fake People	https://rshp.scot/third-fourth-level Click on powerpoint	HWB 4-46b HWB 4-49b



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			<ul style="list-style-type: none"> Evaluates how the media, including social media and pornography impact on physical and mental health. Demonstrates an understanding of support available and current legislation related to a range of types of abuse, for example, female genital mutilation, domestic abuse, grooming, child sexual exploitation. 	
Relationships & Sexual Health	Social Media	Sending and Sharing Images	https://rshp.scot/third-fourth-level Click on powerpoint <ul style="list-style-type: none"> Identifies and explains influence/impact of media, including social media and pornography on self-esteem and decision making. Identifies how to take action in a situation involving abusive or inappropriate sexual behaviour, for example, ending unhealthy relationships, local support, police. Explains the impact an imbalance of power can have on relationships, including sexual relationships, for example, consent, coercion, responsibility for actions and decisions. 	HWB 3-45a HWB3-46a HWB 3-46b HWB 3-46c HWB3-49b
Relationships & Sexual Health	LGB Equality	LGB Equality	https://rshp.scot/third-fourth-level Click on powerpoint <ul style="list-style-type: none"> Demonstrates respect and understanding of the diversity of loving and sexual relationships, for example, LGBTI relationships, marriage, living together, co-parenting. Recognises the impact of puberty and developing sexuality. 	HWB 3-44c HWB 3-47a
Relationships	Care Experienced		https://www.whocaresscotland.org/schools/	
Mental, Emotional and Social Wellbeing	Mental Health	What is Mental Health	Before teaching these lessons, you must register for access https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	HWB 4-02a HWB 4-06a
Mental, Emotional and	Mental Health	Making Meaning	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	HWB 4-02a



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Social Wellbeing				HWB 4-04a
Mental, Emotional and Social Wellbeing	Mental Health	Thoughts Cause Feelings	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	HWB 4-02a HWB 4-04a
Mental, Emotional and Social Wellbeing	Mental Health	Does what You're doing, change what you mean?	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	HWB 4-02a HWB 4-04a
Substance Misuse	Alcohol & Substance Awareness Education	Lesson 1: Names, Effects & Potential Harms of Drugs	Before teaching these lessons, you must register for access https://iammescotlandeducation.org.uk/register/ https://iammescotlandeducation.org.uk/i_am_me_cat/alcohol-substance-awareness/	HWB 3-38a HWB 4-38a
Substance Misuse	Alcohol & Substance Awareness Education	Lesson 2: Drugs & The Law	https://iammescotlandeducation.org.uk/i_am_me_cat/alcohol-substance-awareness/	HWB 3-38a HWB 4-38a HWB 3-40b HWB 4-40b HWB 3-41a HWB 4-41a HWB 3-42a HWB 4-42a



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Substance Misuse	Alcohol & Substance Awareness Education	Lesson 4:Risks & Safeguarding	https://iammesotlandeducation.org.uk/i_am_me_cat/alcohol-substance-awareness/	HWB 3-38a HWB 4-38a HWB 4-39a HWB 3-40a HWB 4-40a
Relationships & Sexual Health	Child Exploitation	Child Sexual Exploitation Lesson 1	Powerpoint in S2 PSE Folder on Server	HWB 3-03a HWB 4-03a HWB 3-04a HWB 4-04a HWB 3-05a HWB 4-05a HWB 3-07a HWB 4-07a
Relationships & Sexual Health	Child Exploitation	Child Sexual Exploitation Lesson 3	Powerpoint in S2 PSE Folder on Server	HWB 3-03a HWB 4-03a HWB 3-04a



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				HWB 4-04a HWB 3-05a HWB 4-05a HWB 3-07a HWB 4-07a
Mental and Emotional Health	Self Harm	On Edge Lesson 1	https://blogs.glowscotland.org.uk/re/renfrewshirehwb/general-information/on-edge/	HWB 3-01a HWB 4-01a
Mental and Emotional Health	Self Harm	On Edge Lesson 2	https://blogs.glowscotland.org.uk/re/renfrewshirehwb/general-information/on-edge/	HWB 3-08a HWB 4-08a HWB 3-02a HWB 4-02a HWB 3-03a HWB 4-03a HWB 3-04a HWB 4-04a HWB 3-06a



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				HWB 4-06a HWB 3-16a HWB 4-16a
Planning For Choices & Changes	Careers	SDS Class talks from Careers Advisers	TBC	HWB 3-19a HWB 4-19a
Planning For Choices & Changes	Careers	Who am I? Careers Lesson 1	Powerpoint in S2 PSE Folder on Server	HWB 3-19a HWB 4-19a
Planning For Choices & Changes	Careers	Careers Lesson 2	Powerpoint in S2 PSE Folder on Server	HWB 3-19a HWB 4-19a HWB 4-20a
Planning For Choices & Changes	Careers	Careers Lesson 3	Powerpoint in S2 PSE Folder on Server	HWB 3-19a HWB 4-19a HWB 4-20a
Planning For Choices & Changes	Careers	Careers Lesson 4	Powerpoint in S2 PSE Folder on Server	HWB 3-19a HWB 4-20a HWB 4-19a



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Relationships & Sexual Health	Getting Pregnant	Getting Pregnant: Truths and Myths	https://rshp.scot/third-fourth-level Click on powerpoint <ul style="list-style-type: none"> Identifies negotiation skills required to have safe and enjoyable sex, for example, knowing when the time is right, mutual responsibility to prevent unintended pregnancy, use of contraceptives, confidence to refuse unwanted sexual contact. Knows how to access confidential information, guidance and help. 	HWB 3-47b HWB 3-49a
Relationships & Sexual Health	Pornography: what is it/what harm does it do?	Pornography	https://rshp.scot/third-fourth-level Click on powerpoint <ul style="list-style-type: none"> Distinguishes between a balance of power and abuse of power in relationships, for example, respect, trust, coercion, consent. Evaluates how the media, including social media and pornography impact on physical and mental health. 	HWB 4-45a HWB 4-46b
Physical Wellbeing	Personal Safety	Road Safety	"Your Call" tile through GLOW where all resources can be found. https://roadsafety.scot/children-and-educators/third-and-fourth/your-call/	HWB 3-16a HWB 4-16a HWB 3-17a HWB 4-17a HWB 3-18a HWB 4-18a
Relationships & Sexual Health	Image Sharing (Send Me a Pic)	Identifying healthy and unhealthy relationships	Powerpoint in S2 PSE Folder on Server in Relationships Folder <u>RESOURCE CURRENTLY UNAVAILABLE ONLINE!!!!!!</u>	HWB 3-45a HWB3-46b

