



S3 WEEK BY WEEK PSE PROGRAMME 2024 to 2025

Theme	Topic	Lesson	Resources	Completed
Mental, Emotional and Social Wellbeing	Citizenship	Welcome to GHS	Class jotters	
Relationships & Sexual Health	Internet Safety	First To A Million	Powerpoint in S3 PSE Folder on Server in Relationships Folder: First to A million. Interactive and videos in folder.	
Relationships & Sexual Health	Being A Parent	Important things about child development	https://rshp.scot/third-fourth-level Click on powerpoint	
Relationships & Sexual Health	Being A Parent	What babies need for the best start in life.	https://rshp.scot/third-fourth-level Click on powerpoint	
Mental & Social Wellbeing	Self Harm	On Edge Lesson 3	https://blogs.glowscotland.org.uk/re/renfrewshirehwb/general-information/on-edge/	
Mental & Social Wellbeing	Self Harm	On Edge Lesson 4	https://blogs.glowscotland.org.uk/re/renfrewshirehwb/general-information/on-edge/	
Relationships	Care Experienced		https://www.whocaresscotland.org/schools/	
Substance Misuse	Alcohol & Substance Awareness Education	Lesson 1:Addiction	Before teaching these lessons, you must register for access https://iammescotlandeducation.org.uk/register/ https://iammescotlandeducation.org.uk/i-am-me-online-resources/s3-lessons-final-2023-updated/	



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Substance Misuse	Alcohol & Substance Awareness Education	Lesson 2: Helping Others	https://iammescotlandeducation.org.uk/i-am-me-online-resources/s3-lessons-final-2023-updated/	
Substance Misuse	Alcohol & Substance Awareness Education	Lesson 3: Smoking. Attitudes, Myths and Facts	https://iammescotlandeducation.org.uk/i-am-me-online-resources/s3-lessons-final-2023-updated/	
Substance Misuse	Alcohol & Substance Awareness Education	Lesson 4: Social Implications of Choices	https://iammescotlandeducation.org.uk/i-am-me-online-resources/s3-lessons-final-2023-updated/	
Planning For Choices & Changes	Study Skills	Study Skills Lesson 1	Powerpoint in S3 PSE Folder on Server	
Planning For Choices & Changes	Study Skills	Study Skills Lesson 2	Powerpoint in S3 PSE Folder on Server	
Planning For Choices & Changes	Study Skills	Study Skills Lesson 3	Powerpoint in S3 PSE Folder on Server	
Planning For Choices & Changes	Study Skills	Study Skills Lesson 4	Powerpoint in S3 PSE Folder on Server	
Planning For Choices & Changes	Study Skills	Study Skills Lesson 5	Powerpoint in S3 PSE Folder on Server	



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Relationships & Sexual Health	Consent and the law	Consent and the Law	https://rshp.scot/third-fourth-level Click on powerpoint	
Relationships & Sexual Health	Choices about contraception	Contraception	https://rshp.scot/third-fourth-level Click on powerpoint	
Relationships & Sexual Health	Condoms	Condoms	https://rshp.scot/third-fourth-level Click on powerpoint	
Relationships & Sexual Health	Sexual Health	Sexual Health	https://rshp.scot/third-fourth-level Click on powerpoint	
Mental & Social Wellbeing	Mental Health	Levelling Up	Before teaching these lessons, you must register for access https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental & Social Wellbeing	Mental Health	How many Brains do you have?	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental & Social Wellbeing	Mental Health	Self Sabotage and Trusting your mind	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental & Social Wellbeing	Mental Health	Is Mental Health an Illness	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental & Social Wellbeing	Mental Health	Leaving Your Child Behind	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental & Social Wellbeing	Mental Health	Why growing up causes drama	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	



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Mental & Social Wellbeing	Mental Health	Drama Triangles and How to Get out of them	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental & Social Wellbeing	Mental Health	Asking for Help	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Physical Wellbeing	Personal Safety	No knives Better lives	Powerpoint in S3 PSE Folder on Server	
Relationships & Sexual Health	Being a Parent/Carer	Abortion	https://rshp.scot/third-fourth-level Click on powerpoint	
Relationships & Sexual Health	About STIs/BBVs	About STIs/BBVs	https://rshp.scot/third-fourth-level Click on powerpoint	
Relationships & Sexual Health	Sexuality and Sexual Rights	Sexuality and the idea of Sexual Rights	https://rshp.scot/third-fourth-level Click on powerpoint	
Relationships & Sexual Health	Hate Crime Resources	You Judge	Before teaching these lessons, you must register for access https://iammescotlandeducation.org.uk/register/ https://iammescotlandeducation.org.uk/i_am_me_cat/hate-crime-resources/	