



S5 WEEK BY WEEK PSE PROGRAMME 2024 to 2025

Theme	Topic	Lesson	Resources	Completed
Mental, Emotional and Social Wellbeing	Citizenship	Welcome to GHS	Class jotters	
Mental, Emotional and Social Wellbeing	Mental Health	Our Silent Emergency	https://www.youtube.com/watch?v=SLSLI5wtHGc Powerpoint lesson in S5 PSE Folder Our Silent Emergency	
Substance Misuse	Alcohol & Substance Awareness Education	Lesson 1:Alcohol and Advertising	Before teaching these lessons, you must register for access https://iammescotlandeducation.org.uk/register/ https://iammescotlandeducation.org.uk/i-am-me-online-resources/s5-lesson-2023-updated/	
Substance Misuse	Alcohol & Substance Awareness Education	Lesson 2:Trouble In Town	https://iammescotlandeducation.org.uk/i-am-me-online-resources/s5-lesson-2023-updated/	
Substance Misuse	Alcohol & Substance Awareness Education	Lesson 3:Alcohol and Drugs. What do you think?	https://iammescotlandeducation.org.uk/i-am-me-online-resources/s5-lesson-2023-updated/	
Substance Misuse	Alcohol & Substance Awareness Education	Lesson 4: Alcohol/Drugs and driving.	https://iammescotlandeducation.org.uk/i-am-me-online-resources/s5-lesson-2023-updated/	
Relationships & Sexual Health	Care Experienced		https://www.whocaresscotland.org/schools/	



S5 WEEK BY WEEK PSE PROGRAMME 2024 to 2025

Relationships & Sexual Health	Going Out	Keeping yourself and others safe	https://rshp.scot/senior-phase/ Click on powerpoint	
Relationships & Sexual Health	Going Out	Meeting and Dating online	Click on powerpoint https://rshp.scot/senior-phase/	
Relationships & Sexual Health	Communication with a partner	The importance of communication	https://rshp.scot/senior-phase/ Click on powerpoint	
Relationships & Sexual Health	Communication with a partner	Getting along and dealing with conflict	https://rshp.scot/senior-phase/ Click on powerpoint	
Relationships & Sexual Health	Prostitution and paying for sex	Prostitution and paying for sex	https://rshp.scot/senior-phase/ Click on powerpoint	
Relationships & Sexual Health	Pornography	Pornography: what's the problem?	https://rshp.scot/senior-phase/ Click on powerpoint	
Relationships & Sexual Health	Contraception & Condoms	Contraception and Condoms	https://rshp.scot/senior-phase/ Click on powerpoint	
Personal Finance	Money Management	Lesson 1	Lessons on TEAMS S5 PSE Teachers	
Personal Finance	Money Management	Lesson 2	Lessons on TEAMS S5 PSE Teachers	
Personal Finance	Money Management	Lesson 3	Lessons on TEAMS S5 PSE Teachers	
Personal Finance	Money Management	Lesson 4	Lessons on TEAMS S5 PSE Teachers	



S5 WEEK BY WEEK PSE PROGRAMME 2024 to 2025

Personal Finance	Money Management	Money management Assessment	Lessons on TEAMS S5 PSE Teachers	
Personal Finance	Understanding Money	Lesson 1	Lessons on TEAMS S5 PSE Teachers	
Personal Finance	Understanding Money	Lesson 2	Lessons on TEAMS S5 PSE Teachers	
Personal Finance	Understanding Money	Lesson 3	Lessons on TEAMS S5 PSE Teachers	
Personal Finance	Understanding Money	Money management Assessment	Lessons on TEAMS S5 PSE Teachers	
Mental, Emotional and Social Wellbeing	Mental Health	Is this Love? (control and coercion)	Before teaching these lessons, you must register for access https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental, Emotional and Social Wellbeing	Mental Health	What is gaslighting and why it messes us up?	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental, Emotional and Social Wellbeing	Mental Health	Shoulda, woulda, coulda	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental, Emotional and Social Wellbeing	Mental Health	How big is your window (of tolerance)?	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	
Mental, Emotional and	Mental Health	Lived Experiences	https://www.learningtoolkit.co.uk/login/index.php?tenanttheme=headstrongbrand	



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Social Wellbeing				
Planning For Choices & Changes	Personal Statements	Creating personal statement for university or college	https://www.myworldofwork.co.uk/activity/creating-personal-statement-university-or-college	
Relationships & Sexual Health	Leadership	Leadership	Coach Carter DVD and Lesson on powerpoint in S5 PSE Folder under leadership	
Relationships & Sexual Health	Leadership	Leadership	Coach Carter DVD and Lesson on powerpoint in S5 PSE Folder under leadership	
Relationships & Sexual Health	Leadership	Leadership	Coach Carter DVD and Lesson on powerpoint in S5 PSE Folder under leadership	
Relationships & Sexual Health	Leadership	Leadership	Coach Carter DVD and Lesson on powerpoint in S5 PSE Folder under leadership	