

GLENIFFER HIGH SCHOOL

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Renfrewshire
Council

Children's Services

Head Teacher: Lisa Chalmers

Our Ref: DM

Date: 6 November 2024

To: Parents/Carers of Pupils in S4 and S5

Dear Parent/Carer,

Live N Learn are a partner company who work with our school to support young people in applying a growth mindset and provide practical strategies to overcome anxieties and develop resilience in times of challenge. We often invite them to work with target groups of learners and this year we have invited them in to work with our entire S4 cohort and target learners in S5 in preparation for their prelim diet.

Live N Learn will be joining us on Monday 18th November and pupils will be split into double period groups to engage in workshops which build self-esteem alongside purposeful and personal coping strategies. These workshops are always well received and this is a very important opportunity for our learners.

The groups and times will be as follows:

P1 and P2 – S4 (classes; 4.3, 4.4 in social area, 4.5, 4.6 in staffroom)

P4 and P5 – S5 Target groups split between social area and staffroom. All pupils report to social area at start of period 4.

P6 and P7 – S4 (classes; 4.1,4.2 in social area, 4.7 in staffroom)

Yours sincerely,

Debbie Martin

Mrs Debbie Martin
Depute Head Teacher



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