

# Lets get ready for Exams!

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## Get results ready

MySQA is your direct link with SQA. It lets you view your qualification information, check the personal details we hold for you and if you're sitting exams you can get your results sent by email and text message.

### Step 1 - Sign Up

You will need your SCN (Scottish Candidate Number) to do this.

It's available from your centre if you don't already know it.

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### Step 2 - Activate

You will need:

- The activation code we sent you
- Your SCN

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### Step 3 - Login

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Password

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### MyCertificate

We will send your certificate by post. Please check that we hold the correct details for you.



### MyNews

#### Replacement Certificates

To order a replacement certificate, please visit this link:  
<https://www.sqa.org.uk/eshop>

Sign up via Link: [https://www.mysqa.org.uk/cs8/content/secure/my\\_homepage.jsp](https://www.mysqa.org.uk/cs8/content/secure/my_homepage.jsp)

Exam Timetable 2024/25: [https://www.sqa.org.uk/sqa/files\\_ccc/nq-2025-exam-timetable.pdf](https://www.sqa.org.uk/sqa/files_ccc/nq-2025-exam-timetable.pdf)

Your Exams Guide: [🌐 Your Exams](#)



# Study Skills

## Impact of Studying

At Least 10% better performance than those who do not study

Increased confidence and self esteem

Increased opportunity for progression

### Hints and Tips:

**Highlight** key phrases on continuous prose

#### What causes climate change?

##### 1. Burning fossil fuels

Over the past **150 years**, **industrialised countries** have been burning large amounts of **fossil fuels** such as **oil and gas**. The gases released into the **atmosphere** during this process act like an **invisible 'blanket'**, trapping heat from the sun and **warming the Earth**. This is known as the **"Greenhouse Effect"**.

##### 2. Farming

Believe it or not, **cows' eating habits** contribute towards **climate change**. Just like us, when cows eat, **methane** – a type of **greenhouse gas** – builds up in their **digestive system** and is released in the form of... a **burp!** This might sound funny, but when you imagine that there are almost **1.5 billion** cows releasing all that gas into the atmosphere, it sure adds up!

## Crunching that info – breaking down the knowledge

### Flashcards

- Create an initial set of flashcards
- Make bullet points
- Use as few words as possible.

### Mind maps

- Look for themes in your flashcards.
- Put each theme on a branch of the mind map.
- Re-do the mind map as many times as you need and use colour.

### Quiz

- Get someone to quiz you using either flashcards or your mind map.

## Applying the knowledge

### Flashcards

- Use as a reference point for quotes, key facts, dates.

### Mindmaps

- Use your themes to build your paragraphs/essays

### Structure

- Use the structure taught by teachers but mindmaps to get your content.



## Practise!!!

### Exam Style Questions

- Revision questions
- Past Papers
- Go topic by topic first then attempt full papers.

### Exam Technique

- Scan full paper before starting.
- Identify the questions you are confident with and get cracking with these. BUILD CONFIDENCE
- Go back to the trickier parts and complete as much as you can.
- Clearly label questions for the marker.

SQA Past Papers: <https://www.sqa.org.uk/pastpapers/findpastpaper.htm>

Choose a GROWTH MINDSET and with enough hard work, time & the right method you can improve on absolutely anything. Your potential is unknown!

**YOUR MIND IS A GARDEN,  
YOUR THOUGHTS ARE THE SEEDS.  
YOU CAN GROW FLOWERS OR  
YOU CAN GROW WEEDS.**

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## Revision Planning

**Organisation**

**Timing**

**Down time**

**Where to  
start**



Materials



Space



Lighting



Sound



TIMETABLE

- Topic Lists
- Score topics and areas within topics
- Start with the hardest bits to give yourself more time to get help.
- Make notes about successes and what you still need to work on.

- Now!!!
- Time of day
- Other commitments

Down time

- Subject breakdown
- Topic lists and assessment feedback

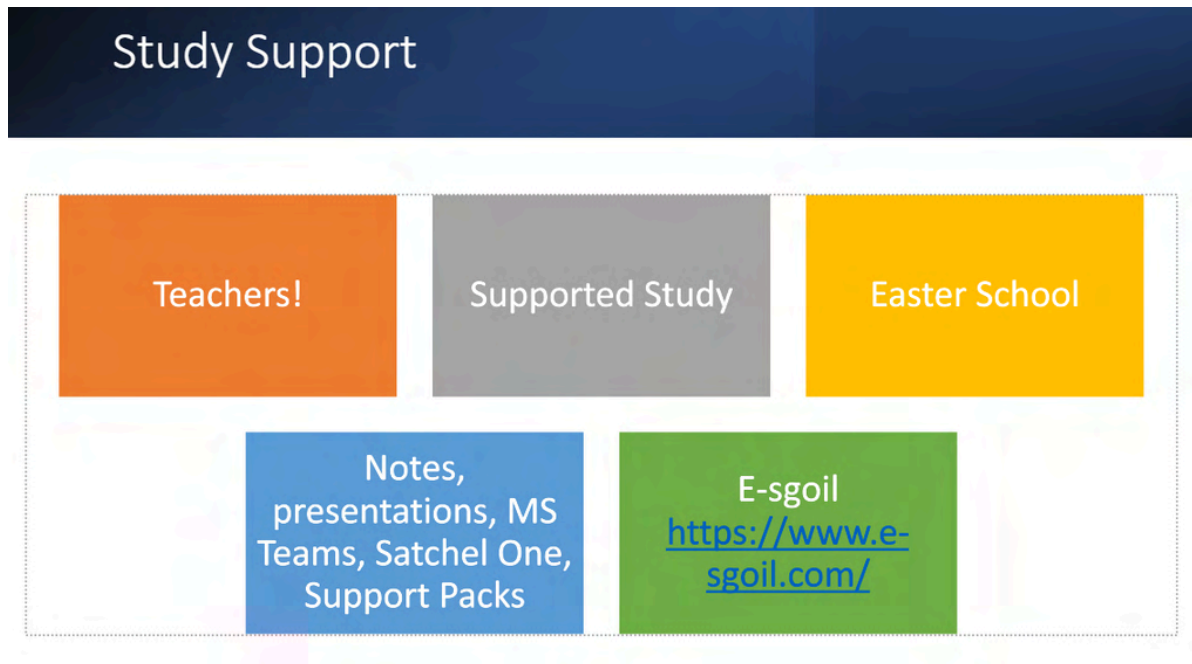
### Example Study Planner:

|                | Monday  | Tuesday   | Wednesday  | Thursday   | Friday           | Saturday  | Sunday   |
|----------------|---|---|--|--|------------------|---|--|
| <b>AM</b>      | SCHOOL  | SCHOOL  | SCHOOL   | SCHOOL   | SCHOOL           | Football 9.00-11.30   | Lie-in<br>11.00-11.45 History Causes of WW1<br>12.00-12.45<br>Biology – Plant cells            |
| <b>PM</b>      | SCHOOL<br>Maths Supp Study 3.40-4.40  | SCHOOL<br>4.00-4.30 Biology homework<br>4.30 – 5.15 English poems – theme | SCHOOL<br>3.00 – go to ran's                                   | SCHOOL<br>4.00-4.30 Chemistry h/w<br>4.30-5.15 English Essay | SCHOOL           | 1.00-1.45 English Essay<br>2.00-2.45<br>Chemistry Molar Equations | Playstation  |
| <b>EVENING</b> | 6.00-6.45 Graphics Folio<br>7.00-7.45 PE Factors affecting performance – work on social factors | 6.00-9.00 Training  | Biology Support Class<br>6.00-7.30<br>Maths h/w for Thursday   | 6.00-9.00 Training   | Out with friends | Cinema  | 6.30 – 7.00 Maths homework for Tuesday.<br>7.15 – 7.45 Put English essay into Google translate |
| <b>Notes</b>   |   |   | Maths quadratic formula is ok.<br>Need to work on Plant Cells. | Got all quadratic formula right!                             |                  |   | Essay reads ok.<br>Couldn't get 2 maths questions to factorise.                                |
| <b>Study</b>   | 2 ½ hours   | ¾ hour  | 1 ½ hours  | ¾ hour   |                  | 1 ½ hours   | 1 ¾ hours  |
| <b>HW</b>      |   | ½ hour  | ½ hour   | ½ hour   |                  |   | ½ hour   |

Link to School Supported Study offer:

<https://www.glenifferhigh.renfrewshire.sch.uk/learning-in-gleniffer/sqa/supported-study-timetable/>

Link to online E-sgoil Supported Study offer: <https://www.e-sgoil.com/>



## **Even more support on offer:**

### **Easter School Timetable:**

<https://www.glenifferhigh.renfrewshire.sch.uk/learning-in-gleniffer/sqa/easter-school-timetable/>

### **SIGN UP FOR EASTER SCHOOL:**

<https://forms.office.com/e/9Za65fb8Ms>

### **Masterclass timetable:**

<https://www.glenifferhigh.renfrewshire.sch.uk/learning-in-gleniffer/sqa/exam-masterclass-timetable/>



# STUDYING

## HOW TO MAKE IT HAPPEN

### 4 EASY STEPS...

## UNDERSTAND

Take the time to think about what you're trying to grasp. How does it relate to you? Are you listening in class? If you don't get it yet, then ask for help.

## CONDENSE

It's not possible to remember everything. Make it smaller and more manageable with **coloured** notes, mind maps or post it notes to organise key points.

## MEMORISE

Rather than just rereading your notes, make things more memorable by using your imagination with funny stories, rhymes or songs that help you relate to the topic.

## REVIEW

Break the forgetting curve! Make time to come back and review after a day, then a week and a month to help it stick in your long term memory. Test yourself or ask someone to test you, don't let all your hard work drain away.

**Activity:** Circle the methods below that you already use. Then for each of the 4 steps in the table, write down a couple of new strategies you might try.

- |                    |                    |                          |
|--------------------|--------------------|--------------------------|
| Make up an acronym | Make flash cards   | Revision classes         |
| Turn up to class   | Teach others       | Do a past paper question |
| Create a mind map  | Google it          | Ask questions in class   |
| Make it smaller    | Use post it notes  | Repeat your mnemonics    |
| Use coloured pens  | Redraw my mind map | Ask my friend to test me |
| Make it personal   | Think it through   | Use your flash cards     |
| Make up a song     | Make up a story    | Ask my teacher for help  |

| Understand | Condense | Memorise | Review |
|------------|----------|----------|--------|
|            |          |          |        |